

JUNE 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10 Open Gym with Coach Snyder 6-7:30	11 Cheer Camp @ Forest Area Baseball Pitchers @ Catchers 3:30-5:00	12	13 Baseball Hitting @ Defense 3:30-5:00 Cheer open mats 6- 8pm	14	15
16	17 Open Gym with Coach Snyder 6-7:30	18 <u>Weight room</u> 5:30-7 pm Baseball Pitchers @ Catchers 3:30-5:00	19 <u>Weight room</u> 5:30-7 pm Running Club 6:30-7:30	20 <u>Weight room</u> 5:30-7 pm Baseball Hitting @ Defense 3:30-5:00 Cheer open mats 6- 8pm	21	22
23 Football Golf Outing at Timber Wolf Golf Course In Kalkaska	24 Open Gym with Coach Snyder 6-7:30	25 <u>Weight room</u> 5:30-7 pm Baseball Pitchers @ Catchers 3:30-5:00	26 <u>Weight room</u> 5:30-7 pm Running Club 6:30-7:30	27 <u>Weight room</u> 5:30-7 pm Cheer Camp @ Houghton Lake Baseball Hitting @ Defense 3:30-5:00	28 Cheer Camp @ Houghton Lake	29
30	1	2	3	4	5	6

JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Open Gym with Coach Snyder 6-7:30	2 <u>Weight room</u> 5-6:30 pm <small>Baseball Pitchers @ Catchers 3:30-5:00</small>	3 <u>Weight room</u> 5:30-7 pm	4 4th of July 5K	5 Dead Week	6 Dead Week
7 Dead Week	8 Dead Week	9 Dead Week	10 Dead Week	11 Dead Week	12 Dead Week	13
14	15 Open Gym with Coach Snyder 6-7:30	16 <u>Weight room</u> 5:30-7 pm <small>Baseball Pitchers @ Catchers 3:30-5:00</small>	17 <u>Weight room</u> 5:30-7 pm Running Club 6:30-7:30	18 <u>Weight room</u> 5:30-7 pm <small>Baseball Hitting @ Defense 3:30-5:00</small> Cheer open mats 6-8pm	19 GET YOUR PHYSICAL IN!!!	20
21	22 Open Gym with Coach Snyder 6-7:30	23 <u>Weight room</u> 5:30-7 pm	24 <u>Weight room</u> 5:30-7 pm Running Club 6:30-7:30	25 <u>Weight room</u> 5:30-7 pm Cheer open mats 6-8pm	26 GET YOUR PHYSICAL IN!!!	27
28	29 Open Gym with Coach Snyder 6-7:30	30 Cheer Camp @ Gaylord HS Football Camp 5:30- 8:00	31 Cheer Camp @ Gaylord HS Football Camp 5:30- 8:00 Running Club 6:30-7:30			

AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 <small>Youth Football Camp 6:00-8:00 Cheer open mats 6-8pm</small>	2 GET YOUR PHYSICAL IN!!!	3
4	5 <small>Open Gym with Coach Snyder 6-7:30</small>	6 <small><u>Weight room</u> 5:30-7 pm</small>	7 <small><u>Weight room</u> 5:30-7 pm Running Club 6:30-7:30</small>	8 <small><u>Weight room</u> 5:30-7 pm Cheer open mats 6-8pm</small>	9 GET YOUR PHYSICAL IN!!!	10
11	12 First Day of Fall Practice!!	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5